

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	Bow Energy Limited
ABN	63 111 019 857

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Stephen Bizzell
Date of last notice	13 December 2005

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct and Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Sally Bizzell (wife of director) Pine Mountain Pty Ltd (Director is a director of and of trust for which it is trustee of) Bizzell Nominees Pty Ltd (Director is a director and shareholder of and beneficiary of trust for which it is trustee of and member of Superfund for which it is trustee of)
Date of change	29 November 2006

+ See chapter 19 for defined terms.

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No. of securities held prior to change	
Stephen Bizzell	398,120 BOW (Ordinary) 199,060 BOWO (31/3/08 Options @ \$0.20)
Sally Bizzell	400,000 BOW (Ordinary) 97,500 BOWO (31/3/08 Options @ \$0.20)
Pine Mountain Pty Ltd	154,450 BOW (Ordinary) 62,225 BOWO (31/3/08 Options @ \$0.20)
Bizzell Nominees Pty Ltd	825,978 BOW (Ordinary) 317,989 BOWO (31/3/08 Options @ \$0.20)
Total	1,778,548 BOW (Ordinary) 676,774 BOWO (31/3/08 Options @ \$0.20)
Class	
Number acquired	
Bizzell Nominees Pty Ltd	90,909 BOW (Ordinary)
Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$15,000
No. of securities held after change	
Stephen Bizzell	398,120 BOW (Ordinary) 199,060 BOWO (31/3/08 Options @ \$0.20)
Sally Bizzell	400,000 BOW (Ordinary) 97,500 BOWO (31/3/08 Options @ \$0.20)
Pine Mountain Pty Ltd	154,450 BOW (Ordinary) 62,225 BOWO (31/3/08 Options @ \$0.20)
Bizzell Nominees Pty Ltd	916,887 BOW (Ordinary) 317,989 BOWO (31/3/08 Options @ \$0.20)
Total	1,869,457 BOW (Ordinary) 676,774 BOWO (31/3/08 Options @ \$0.20)
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Purchase of securities under share purchase plan.

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Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

On behalf of the Board
DP Cornish
Company Secretary
1 December 2006

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