

# Appendix 3Y

## Change of Director's Interest Notice

*Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.*

Introduced 30/9/2001.

<b>Name of entity</b>	Bow Energy Limited
<b>ABN</b>	63 111 019 857

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	Ron Prefontaine
<b>Date of last notice</b>	6 March 2007

### Part 1 - Change of director's relevant interests in securities

*In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust*

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Direct or indirect interest</b>	Direct and Indirect
<b>Nature of indirect interest (including registered holder)</b> Note: Provide details of the circumstances giving rise to the relevant interest.	Annabel Prefontaine (wife of director)  Mr Ronald and Mrs Annabel Prefontaine (Director and wife of director)  Prepet Pty Ltd (Director is a director and shareholder of and beneficiary of trust for which it is trustee of)  Prefontaine Consulting Pty Ltd (Director is a director and shareholder of)  Prefontaine Super Fund (Director is a member of)
<b>Date of change</b>	15 May 2007

+ See chapter 19 for defined terms.

**Appendix 3Y**  
**Change of Director's Interest Notice**

<b>No. of securities held prior to change</b>	
Ron Prefontaine	279,514 BOW (Ordinary) 93,865 BOWO (31/3/08 Options @ \$0.20)
Annabel Prefontaine	229,628 BOW (Ordinary) 91,166 BOWO (31/3/08 Options @ \$0.20)
Mr Ronald and Mrs Annabel Prefontaine	292,803 BOW (Ordinary) 131,250 BOWO (31/3/08 Options @ \$0.20)
Prepet Pty Ltd	3,661,873 BOW (Ordinary) 112,285 BOWO (31/3/08 Options @ \$0.20)
Prefontaine Consulting Pty Ltd	30,303 BOW (Ordinary)
Prefontaine Super Fund	1,465,000 BOW (Ordinary)
Total	5,959,121 BOW (Ordinary) 428,566 BOWO (31/3/08 Options @ \$0.20)
<b>Class</b>	
<b>Number acquired</b>	
Prefontaine Super Fund	405,000 BOWO (31/3/08 Options @ \$0.20)
<b>Number disposed</b>	Nil
<b>Value/Consideration</b> Note: If consideration is non-cash, provide details and estimated valuation	\$10,960
<b>No. of securities held after change</b>	
Ron Prefontaine	279,514 BOW (Ordinary) 93,865 BOWO (31/3/08 Options @ \$0.20)
Annabel Prefontaine	229,628 BOW (Ordinary) 91,166 BOWO (31/3/08 Options @ \$0.20)
Mr Ronald and Mrs Annabel Prefontaine	292,803 BOW (Ordinary) 131,250 BOWO (31/3/08 Options @ \$0.20)
Prepet Pty Ltd	3,661,873 BOW (Ordinary) 112,285 BOWO (31/3/08 Options @ \$0.20)
Prefontaine Consulting Pty Ltd	30,303 BOW (Ordinary)
Prefontaine Super Fund	1,465,000 BOW (Ordinary) 405,000 BOWO (31/3/08 Options @ \$0.20)
Total	5,959,121 BOW (Ordinary) 833,566 BOWO (31/3/08 Options @ \$0.20)

+ See chapter 19 for defined terms.

**Appendix 3Y**  
**Change of Director's Interest Notice**

---

<p><b>Nature of change</b>          Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back</p>	<p>On-market trade</p>
--	------------------------

**Part 2 – Change of director's interests in contracts**

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<p><b>Detail of contract</b></p>	
<p><b>Nature of interest</b></p>	
<p><b>Name of registered holder (if issued securities)</b></p>	
<p><b>Date of change</b></p>	
<p><b>No. and class of securities to which interest related prior to change</b>          Note: Details are only required for a contract in relation to which the interest has changed</p>	
<p><b>Interest acquired</b></p>	
<p><b>Interest disposed</b></p>	
<p><b>Value/Consideration</b>          Note: If consideration is non-cash, provide details and an estimated valuation</p>	
<p><b>Interest after change</b></p>	

On behalf of the Board  
 DP Cornish  
 Company Secretary  
 16 May 2007

---

+ See chapter 19 for defined terms.