



ASX Announcement

11 December 2009

BOW APPOINTS CHIEF OPERATING OFFICER

Bow Energy Limited (ASX: BOW), is pleased to announce that it has appointed Mr Vic Palanyk to the position of Chief Operating Officer, effective from January 2010.

Mr Palanyk is a geologist with over 30 years international and domestic petroleum experience of which 15 years has been devoted to the coal seam gas (CSG) industry. His past management positions include General Manager for Queensland Gas Company, Technical Manager for Anglocoal Australia's CSG business and Manager for Rio Tinto's CSG business.

Commenting on Vic's appointment, Bow's Managing Director Ron Prefontaine stated, "We are very pleased to have a person of Vic's calibre heading up Bow's operations as we embark upon the next phase of growth for the Company. Vic's mandate will include applying his excellent technical and management skills to work with Bow's highly competent management and technical team to exceed our gas reserves targets. He will also be responsible for implementing the development plans for our petroleum resources to achieve Bow's goal of becoming a major upstream energy company supplying the Australian and international energy markets."

For and on behalf of the Board
Duncan Cornish
Company Secretary
Bow Energy Ltd

For further information contact:

John De Stefani
CEO Commercial
Tel: +61 7 3303 0675

Ron Prefontaine
Managing Director
Tel: +61 7 3303 0675

Bow Energy Limited
ACN 111 019 857
Level 5, 60 Edward St
Brisbane QLD 4000
Website: www.bowenergy.com.au

ASX Code: BOW