

## Appendix 3Y

### Change of Director's Interest Notice

*Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.*

<b>Name of entity</b>	Bow Energy Limited
<b>ABN</b>	63 111 019 857

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	Howard Stack
<b>Date of last notice</b>	5 January 2010

#### **Part 1 - Change of director's relevant interests in securities**

*In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust*

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Direct or indirect interest</b>	Indirect
<b>Nature of indirect interest (including registered holder)</b> <small>Note: Provide details of the circumstances giving rise to the relevant interest.</small>	Bessie Holdings Pty Ltd (Director is a secondary beneficiary of trust for which it is trustee of)  Polvran Investments Pty Ltd (Director is a member of Superfund for which it is trustee of)
<b>Date of change</b>	21 July 2010
<b>No. of securities held prior to change</b>	
Bessie Holdings Pty Ltd	236,691 BOW (Ordinary)
Polvran Investments Pty Ltd	200,000 BOW (Ordinary)
<b>Total</b>	<b>436,691 BOW (Ordinary)</b>

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+ See chapter 19 for defined terms.

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<b>Class</b>	Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number acquired</b>  Polvran Investments Pty Ltd	2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number disposed</b>	Nil
<b>Value/Consideration</b>  Note: If consideration is non-cash, provide details and estimated valuation	Options issued for nil consideration
<b>No. of securities held after change</b>  Bessie Holdings Pty Ltd  Polvran Investments Pty Ltd  <b>Total</b>	236,691 BOW (Ordinary)  200,000 BOW (Ordinary) 2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)  <b>436,691 BOW (Ordinary)</b> <b>2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)</b>
<b>Nature of change</b>  Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue of Director Options as approved by shareholders at the General Meeting held on 24 June 2010.

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+ See chapter 19 for defined terms.

## Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Detail of contract</b>	
<b>Nature of interest</b>	
<b>Name of registered holder (if issued securities)</b>	
<b>Date of change</b>	
<b>No. and class of securities to which interest related prior to change</b>  <small>Note: Details are only required for a contract in relation to which the interest has changed</small>	
<b>Interest acquired</b>	
<b>Interest disposed</b>	
<b>Value/Consideration</b>  <small>Note: If consideration is non-cash, provide details and an estimated valuation</small>	
<b>Interest after change</b>	

DP Cornish  
Company Secretary  
21 July 2010

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Introduced 30/9/2001.

<b>Name of entity</b>	Bow Energy Limited
<b>ABN</b>	63 111 019 857

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	Nicholas Mather
<b>Date of last notice</b>	5 January 2010

### Part 1 - Change of director's relevant interests in securities

*In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust*

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Direct or indirect interest</b>	Direct and Indirect
<b>Nature of indirect interest (including registered holder)</b>  Note: Provide details of the circumstances giving rise to the relevant interest.	Mr Nicholas and Mrs Judith Mather (Director and wife of director)  Samuel Holdings Pty Ltd (Director is a director and shareholder of and beneficiary of trust for which it is trustee of)  Samuel Capital Pty Ltd (Director is a director and shareholder)
<b>Date of change</b>	21 July 2010
<b>No. of securities held prior to change</b> Mr Nicholas and Mrs Judith Mather Samuel Holdings Pty Ltd Samuel Capital Pty Ltd  <b>Total</b>	99,500 BOW (Ordinary) 4,274,560 BOW (Ordinary) 339,603 BOW (Ordinary) 3,333,333 Unlisted Options (\$0.50 @ 7-Nov-11)  <b>4,713,663 BOW (Ordinary)</b> <b>3,333,333 Unlisted Options (\$0.50 @ 7-Nov-11)</b>

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<b>Class</b>	Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number acquired</b>  Nicholas Mather	  2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number disposed</b>	Nil
<b>Value/Consideration</b>  Note: If consideration is non-cash, provide details and estimated valuation	  Options issued for nil consideration
<b>No. of securities held after change</b>  Nicholas Mather  Mr Nicholas and Mrs Judith Mather  Samuel Holdings Pty Ltd  Samuel Capital Pty Ltd  <b>Total</b>	  2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)  99,500 BOW (Ordinary)  4,274,560 BOW (Ordinary)  339,603 BOW (Ordinary) 3,333,333 Unlisted Options (\$0.50 @ 7-Nov-11)  <b>4,713,663 BOW (Ordinary)</b> <b>3,333,333 Unlisted Options (\$0.50 @ 7-Nov-11)</b> <b>2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)</b>
<b>Nature of change</b>  Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	  Issue of Director Options as approved by shareholders at the General Meeting held on 24 June 2010.

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**Part 2 – Change of director's interests in contracts**

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Detail of contract</b>	
<b>Nature of interest</b>	
<b>Name of registered holder (if issued securities)</b>	
<b>Date of change</b>	
<b>No. and class of securities to which interest related prior to change</b>  Note: Details are only required for a contract in relation to which the interest has changed	
<b>Interest acquired</b>	
<b>Interest disposed</b>	
<b>Value/Consideration</b>  Note: If consideration is non-cash, provide details and an estimated valuation	
<b>Interest after change</b>	

On behalf of the Board  
DP Cornish, Company Secretary  
21 July 2010

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Introduced 30/9/2001.

<b>Name of entity</b>	Bow Energy Limited
<b>ABN</b>	63 111 019 857

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	Ron Prefontaine
<b>Date of last notice</b>	10 February 2010

#### Part 1 - Change of director's relevant interests in securities

*In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust*

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Direct or indirect interest</b>	Direct and Indirect
<b>Nature of indirect interest (including registered holder)</b>  Note: Provide details of the circumstances giving rise to the relevant interest.	Annabel Prefontaine (wife of director)  Mr Ronald and Mrs Annabel Prefontaine (Director and wife of director)  Prepet Pty Ltd (Director is a director and shareholder of and beneficiary of trust for which it is trustee of)  Prefontaine Consulting Pty Ltd (Director is a director and shareholder of)  Prefontaine Super Fund (Director is a member of)
<b>Date of change</b>	21 July 2010

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<b>No. of securities held prior to change</b>	
Ron Prefontaine	578,276 BOW (Ordinary)
Annabel Prefontaine	397,926 BOW (Ordinary)
Mr Ronald and Mrs Annabel Prefontaine	494,729 BOW (Ordinary)
Prepet Pty Ltd	4,780,093 BOW (Ordinary)
Prefontaine Consulting Pty Ltd	47,354 BOW (Ordinary)
Prefontaine Super Fund	4,293,667 BOW (Ordinary) 1,669,456 Unlisted Options (\$0.50 @ 7-Nov-11)
<b>Total</b>	<b>10,592,045 BOW (Ordinary)</b> <b>1,669,456 Unlisted Options (\$0.50 @ 7-Nov-11)</b>
<b>Class</b>	Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number acquired</b>	
Ron Prefontaine	2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number disposed</b>	Nil
<b>Value/Consideration</b> Note: If consideration is non-cash, provide details and estimated valuation	Options issued for nil consideration
<b>No. of securities held after change</b>	
Ron Prefontaine	578,276 BOW (Ordinary) 2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
Annabel Prefontaine	397,926 BOW (Ordinary)
Mr Ronald and Mrs Annabel Prefontaine	494,729 BOW (Ordinary)
Prepet Pty Ltd	4,780,093 BOW (Ordinary)
Prefontaine Consulting Pty Ltd	47,354 BOW (Ordinary)
Prefontaine Super Fund	4,293,667 BOW (Ordinary) 1,669,456 Unlisted Options (\$0.50 @ 7-Nov-11)
<b>Total</b>	<b>10,592,045 BOW (Ordinary)</b> <b>1,669,456 Unlisted Options (\$0.50 @ 7-Nov-11)</b> <b>2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)</b>

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<b>Nature of change</b> Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Issue of Director Options as approved by shareholders at the General Meeting held on 24 June 2010.
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**Part 2 – Change of director's interests in contracts**

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Detail of contract</b>	
<b>Nature of interest</b>	
<b>Name of registered holder (if issued securities)</b>	
<b>Date of change</b>	
<b>No. and class of securities to which interest related prior to change</b> Note: Details are only required for a contract in relation to which the interest has changed	
<b>Interest acquired</b>	
<b>Interest disposed</b>	
<b>Value/Consideration</b> Note: If consideration is non-cash, provide details and an estimated valuation	
<b>Interest after change</b>	

On behalf of the Board  
DP Cornish, Company Secretary  
21 July 2010

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Introduced 30/9/2001.

<b>Name of entity</b>	Bow Energy Limited
<b>ABN</b>	63 111 019 857

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

<b>Name of Director</b>	Stephen Bizzell
<b>Date of last notice</b>	4 March 2010

### Part 1 - Change of director's relevant interests in securities

*In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust*

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Direct or indirect interest</b>	Direct and Indirect
<b>Nature of indirect interest (including registered holder)</b>  Note: Provide details of the circumstances giving rise to the relevant interest.	Stephen Grant Bizzell (as trustee for Thomas Bizzell, Samuel Bizzell and Sophia Bizzell)  Bizzell Nominees Pty Ltd (Director is a director and shareholder of and beneficiary of trust for which it is trustee of and member of Superfund for which it is trustee of)  UBS Wealth Management Australia Nominees Pty Ltd (as nominee, securities beneficially owned by Bizzell Nominees Pty Ltd as trustee, BCP Alpha Investments Pty Ltd & Bizzell Capital Partners Pty Ltd)  UBS Nominees Pty Ltd (as nominee, securities beneficially owned by Bizzell Nominees Pty Ltd as trustee & BCP Alpha Investments Pty Ltd)  BCP Alpha Investments Pty Ltd (Director is a director and shareholder of)  Sally Diane Bizzell (wife of director)
<b>Date of change</b>	21 July 2010

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<b>No. of securities held prior to change</b>	
Stephen Bizzell	24,375 BOW (Ordinary)
Bizzell Nominees Pty Ltd	244,232 BOW (Ordinary)
UBS Wealth Management Australia Nominees Pty Ltd	4,085,283 BOW (Ordinary)
UBS Nominees Pty Ltd	1,932,566 BOW (Ordinary)
BCP Alpha Investments Pty Ltd	253,333 BOW (Ordinary)
Sally Bizzell	42,006 BOW (Ordinary)
<b>Total</b>	<b>6,481,795 BOW (Ordinary)</b>
<b>Class</b>	Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number acquired</b>	
Stephen Bizzell	2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
<b>Number disposed</b>	Nil
<b>Value/Consideration</b>	Options issued for nil consideration
Note: If consideration is non-cash, provide details and estimated valuation	
<b>No. of securities held after change</b>	
Stephen Bizzell	24,375 BOW (Ordinary) 2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
Bizzell Nominees Pty Ltd	244,232 BOW (Ordinary)
UBS Wealth Management Australia Nominees Pty Ltd	4,085,283 BOW (Ordinary)
UBS Nominees Pty Ltd	1,932,566 BOW (Ordinary)
BCP Alpha Investments Pty Ltd	253,333 BOW (Ordinary)
Sally Bizzell	42,006 BOW (Ordinary)
<b>Total</b>	<b>6,581,795 BOW (Ordinary)</b> <b>2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)</b>
<b>Nature of change</b>	Issue of Director Options as approved by shareholders at the General Meeting held on 24 June 2010.
Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	

## Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

<b>Detail of contract</b>	
<b>Nature of interest</b>	
<b>Name of registered holder (if issued securities)</b>	
<b>Date of change</b>	
<b>No. and class of securities to which interest related prior to change</b>  <small>Note: Details are only required for a contract in relation to which the interest has changed</small>	
<b>Interest acquired</b>	
<b>Interest disposed</b>	
<b>Value/Consideration</b>  <small>Note: If consideration is non-cash, provide details and an estimated valuation</small>	
<b>Interest after change</b>	

On behalf of the Board  
DP Cornish  
21 July 2010