

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity	Bow Energy Limited
ABN	63 111 019 857

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Ron Prefontaine
Date of last notice	24 December 2010

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct and Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Annabel Prefontaine (wife of director) Mr Ronald and Mrs Annabel Prefontaine (Director and wife of director) Prepet Pty Ltd (Director is a director and shareholder of) Prepet Pty Ltd <Jarat A/C> (Director is a director and shareholder of and beneficiary of trust for which it is trustee of) Prefontaine Consulting Pty Ltd (Director is a director and shareholder of) Prefontaine Super Fund (Director is a member of)
Date of change	7 November 2011

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No. of securities held prior to change	
Ron Prefontaine	588,874 BOW (Ordinary) 2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
Annabel Prefontaine	408,524 BOW (Ordinary)
Mr Ronald and Mrs Annabel Prefontaine	505,327 BOW (Ordinary)
Prepet Pty Ltd	1,267,851 BOW (Ordinary)
Prepet Pty Ltd <Jarat A/C>	3,580,931 BOW (Ordinary)
Prefontaine Consulting Pty Ltd	57,952 BOW (Ordinary)
Prefontaine Super Fund	4,304,265 BOW (Ordinary) 1,669,456 Unlisted Options (\$0.50 @ 7-Nov-11)
Total	10,713,724 BOW (Ordinary) 1,669,456 Unlisted Options (\$0.50 @ 7-Nov-11) 2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
Class	Bow (Ordinary) Unlisted Options (\$0.50 @ 7-Nov-11)
Number acquired	
Prefontaine Super Fund	1,669,456 Bow (Ordinary)
Number disposed	
Prefontaine Super Fund	1,669,456 Unlisted Options (\$0.50 @ 7-Nov-11)
Value/Consideration	\$834,728.00
Note: If consideration is non-cash, provide details and estimated valuation	(Exercise of unlisted \$0.50 options due to expire on 7-Nov-11)

No. of securities held after change	
Ron Prefontaine	588,874 BOW (Ordinary) 2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
Annabel Prefontaine	408,524 BOW (Ordinary)
Mr Ronald and Mrs Annabel Prefontaine	505,327 BOW (Ordinary)
Prepet Pty Ltd	1,267,851 BOW (Ordinary)
Prepet Pty Ltd <Jarar A/C>	3,580,931 BOW (Ordinary)
Prefontaine Consulting Pty Ltd	57,952 BOW (Ordinary)
Prefontaine Super Fund	5,973,721 BOW (Ordinary)
Total	12,383,180 BOW (Ordinary) 2,000,000 Unlisted Options (\$2.00 @ 31-Jan-13)
Nature of change	Exercise of unlisted \$0.50 options (due to expire on 7-Nov-11)
Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change	
Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration	
Note: If consideration is non-cash, provide details and an estimated valuation	

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Interest after change	
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Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed above traded during a ⁺ closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	
If prior written clearance was provided, on what date was this provided?	

On behalf of the Board
DP Cornish, Company Secretary
7 November 2011